

## NMCTR September Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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						9am-11am Horse Ground Work Day
3	4	5	6	7	8	9
9am-11am Walk A Horse Day		9am-3pm Equine Massage Class		9a-11a Horse Exercise Day	10am-3pm TMP Teens	9am-11am Horse Ground Work Day
10	11	12	13	14	15	16
9am-11am Walk A Horse Day		9am-3pm Equine Massage Class		9a-11a Horse Exercise Day	10am-3pm TMP Teens	9am-11am Horse Ground Work Day
17	18	19	20	21	22	23
9am-11am Walk A Horse Day	8am-6pm TR Lessons	9am-3pm Equine Massage Class	8am-6pm TR Lessons	9am-12p Horse Exercise Day AND Ground Work	8am-3pm TMP Teens AND TR Lessons	9am-1245pm TR Lessons 1pm-3pm YS Teens
24	25	26	27	28	29	30
9am-11am Walk A Horse Day	8am-6pm Schools AND TR Lessons	9am-3pm Equine Massage Class	8am-6pm Schools AND TR Lessons	9am-12p Horse Exercise Day AND Ground Work	8am-3pm TMP Teens, schools, AND TR Lessons	9am-1245pm TR Lessons 1pm-3pm YS Teens
<b>Schedule Legend</b>						
<b>Schools</b> - An entire special education class from SFPS and/or NMSD attend for one to two hours						
<b>TMP Teens</b> - 20 teens from The Masters Charter School interning as a high school credit						
<b>YS Teens</b> - Teens from the SF Youth Shelters						
<b>TR Lessons</b> - Regular one hour therapeutic riding lessons						
<b>Walk A Horse Day</b> - Two hours of taking the horses on a hand walk to practice leading and allow the horses to clear their heads						
<b>Horse Exercise Day</b> - Horse specific exercise to strengthen horses physically and mentally (lunging, riding, etc)						
<b>Ground Work Day</b> - Natural horsemanship and natural communication to develop and maintain a bond with our horses						